

Inspiring
healthy
lifestyles


**Wigan & Leigh
HOMES**
Building Communities for Everyone



Nordic/Health walking

for beginners



Dates and venues

18th Feb - 1.30pm

Pennington Flash, Leigh
meet on main car park

25th Feb - 1.30pm

3 Sisters, Ashton in
Makerfield
meet on main car park

10th March - 1.30pm

Amberswood, Hindley
Car park across from
La Cava restaurant

17th March - 1.30pm

Haigh Hall, main car park

24th March - 1.30pm

Orrell Water Park,
main car park

**to book your place or for more information please
contact 01942 486557 or 0800 389 7652**

**All you need is a sturdy pair of flat shoes,
and a rain coat just in case!!**

Transport can be provided, but please try to use public
transport where possible.



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