

INTRODUCTORY OFFER

6 YOGA CLASSES £20

LINDALE HALL, LINDALE RD, MOSLEY COMMON.

Starting March 1st 2016



YOGA

Invest in your health. Stretch, Strengthen and tone your body

Calm & relax your mind

Learn Yoga with an experienced British Wheel of Yoga Teacher

Experience how Yoga can improve your wellbeing

YOGA WITH DONNA FOR INFO CALL DONNA 0770 657 0646

Tuesdays 6pm -7pm